

COMMUNITY FRIENDS

- Social
- Support and encouragement
- Computer Buddies
- Gardening together
- Hobbies & crafts
- Walking Buddies

Activities

What are the 'problems' preventing the solution?

Creative, "outside-the-box" thinking required

CF Guidelines for services

Services

Transport

- Light bulbs → buttons
- Get me out
- Cleaning

Handy People, e.g.

Skilled People, e.g.

- Builders
- Plumbers
- Electricians
- Chiropodists
- Hairdressers
- Reflexologists

Admin

Keep it simple
Buddy system, eg AA
"Members club" or co-operative

Raised & paid

Funding

Web site

"Little Cells"
|
Very Local Network
|
"Umbrella" Network

Members' notices

- Wants, sales, gifts
- Shares, e.g. equipment, lifts
- I have used ... (not recommendations)

Creative Abilities

With local organisations

- e.g.
- community matrons
 - community police officers
 - healthy living centres
 - allotments groups
 - school projects, e.g. citizenship
 - Lions/Rotary
 - Age Concern
 - British Legion

Links